

Client: Hampshire County Council

Project: Step By Step men's health programme

Our full set of design tools were employed to develop a suite of PDFs to promote a European partnership to improve men's health and wellbeing and reduce social isolation. Inspired by the men's shed movement, it encourages the set-up of community groups covering a range of special interests, be it 'making stuff', keeping fit, gardening, playing a sport or musical instrument. One of many positive outcomes is an increased sense of purpose and improved mental wellbeing. So if you're a man in Hampshire, get your drill/cricket bat/pitchfork/ukulele at the ready!



February

Creative
by nature

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4 World Cancer Day	5	6 Time to Talk Day	7	8	9
10	11	12	13	14 Valentine's Day	15	16
17	18	19	20	21	22	23
24 Shrove Tuesday	25	26	27	28	29	

National Heart Month

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